

How to access the service

The service can be accessed via a health professional such as a care coordinator or social worker.

Contact us

Telephone: 020 8313 9725

Email: hello@ambient.org.uk

About Us

Ambient Support (formerly known as Heritage Care and Community Options) is a registered UK charity with over 25 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

Our wide range of quality specialist services are delivered by our dedicated, professional and passionate staff and our success is built on supporting people to live a full and meaningful life – regardless of age, health or disability.

What people who have used our floating support services have said:

'Support workers have given me great encouragement and insightful, positive input.'

'Staff are very helpful and supportive... they treat me as an important human being.'

'...Staff are well informed about my problems and are helpful. They discuss things with me and respect my opinions and look after me ...'

'The support has been extremely helpful to my recovery, I don't think I could have got as far as I have without it.'

At Ambient Support we believe:

That everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Head Office & Registered Address:

Ambient Support, Unit 9, Bourne Court, Unity Trading Estate, Southend Road Woodford Green, Essex. IG8 8HD

Telephone: 020 8502 3933

Email: hello@ambient.org.uk

Website: www.ambient.org.uk

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ambient
Passionate About People



Bromley Floating Support Services

Individual support for people with **mental health needs**

Inspected and rated

Good



www.ambient.org.uk

About Bromley Floating Support Services

The Bromley Floating Support Service is an outreach service commissioned by the London Borough of Bromley.

It is a CQC registered domiciliary care service which was last inspected in December 2017 and was rated as 'Good' by the CQC.

It provides individual, one to one, flexible practical and emotional support based on an individual's needs, and currently operates from 7am until 10pm, 365 days a year.

Support enables people to understand and manage their own mental health.

What we can do

The Ambient Way means we help people to maximise independence and lead a valued life within their local community.

Support is provided by Support Time and Recovery (STR) workers who work with people on a one to one basis in their homes.

They can assist with everyday activities such as daily living skills, attending appointments and accessing advice and advocacy services. They also provide support to help manage physical and mental wellbeing, in addition to signposting you to take part in social and community groups and meaningful activities.

Who is the service for?

This service is for people:

- With mental health needs who are living in the community and may be socially isolated and alone.
- Who need support with daily living activities and who may be able to develop skills with 1:1 support.
- Who need support to manage medication.
- Who may benefit from developing mental health self-management strategies.

Outcomes from the service

People who use these services can expect to have:

- More choice, responsibility, independence and control over their lives.
- Better understanding of their own recovery.
- Coping strategies for managing their wellbeing.
- Improved general wellbeing, and better understanding of their medication.
- Increased knowledge of the opportunities available to them in the wider community.
- Valued social role and increased confidence.
- Access to peer support.
- Contributed and had a voice in the services provided.
- Support to move on within two years.

About our staff

Our staff team includes Support Time Recovery (STR) workers, Occupational Therapists (OT) and OT Assistants. Our workers have a range of interests to share and are skilled to support people with a range of needs and goals, including:

- Housing Management.
- Person Centered Planning & Self-management.
- Independent living skills.
- Medication Management.
- Alcohol and substance misuse issues.
- Using the Recovery Star and setting goals to promote greater independence.

The role of occupational therapy

Our OT Assistants work with people focusing intensively on areas to support improved:

- Communication & Interaction skills.
- Motivation.
- Balanced and manageable routine.
- Engagement in meaningful life roles and activities.
- Skills development within activities.
- Management of physical health conditions.