

How to access the service

The service can be accessed via a health professional such as a care coordinator or social worker.

Contact us

Telephone: **020 8313 9725**

Email: **hello@ambient.org.uk**

About Us

Ambient Support (formerly known as Heritage Care and Community Options) is a registered UK charity with over 25 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

Our wide range of quality specialist services are delivered by our dedicated, professional and passionate staff and our success is built on supporting people to live a full and meaningful life – regardless of age, health or disability.

What people who have used our services with support have said:

'I am happy with the support that I receive. I am more independent than I have been in the last few years.'

'I have enjoyed living at Hammelton. I am ready to move on. I have been supported to build on my living skills and become more independent.'

'The support I receive is excellent. I have the freedom to see my friends and family which is important to me.'

At Ambient Support we believe:

That everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Head Office & Registered Address:

Ambient Support, Unit 9, Bourne Court, Unity Trading Estate, Southend Road Woodford Green, Essex. IG8 8HD

Telephone: 020 8502 3933

Email: **hello@ambient.org.uk**

Website: **www.ambient.org.uk**

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ambient
Passionate About People



Hammelton Road

Providing **shared housing** and support for people with mental health needs

'I have been supported to build on my living skills and become more independent.'

www.ambient.org.uk

About Hammelton Road

Hammelton Road is a shared house in the Bromley North Area.

It supports up to 6 people, each person has their own room and shares the communal areas.

The house is situated in a quiet residential street, and is close to Bromley's High Street and has good access to local community facilities and public transport.

Who is the service for?

This service is for people with severe and enduring mental health problems with complex needs including dual diagnosis (mental health needs and concurrent alcohol or drug use issues).

What we can do

The Ambient Way means we provide flexible, person-centred support based on the needs of each person, with a minimum of 1 hour per person per day.

Hammelton Road is linked to a core project (a 24 hour staffed project). The clients at the project have access to staff in the core project 24 hours a day.

The support can be adjusted to individual needs providing greater flexibility.

Hammelton Road prepares clients to live independently, to work on their recovery and to reduce social isolation.

About Hammelton Road Staff

Our workers have a range of interests to share including: Music, Gardening, Arts DIY, Sport, Travel, Photography, History, Reading and Cooking .

Staff have a wide range of skills in mental health and recovery including:

- Skills in crisis management
- Motivational interviewing skills
- Specialist working with people with alcohol and substance misuse issues
- Training and approaches in Recovery and Person Centered Planning
- Use of the Recovery Star to promote greater independence for people
- Risk Assessment trained
- Support planning and goal setting skills

Outcomes from the service

People who use these services can expect to have:

- More choice, responsibility and control over their lives.
- Greater independence all areas of their lives.
- Better understanding of their own recovery.
- Coping strategies for managing their wellbeing.
- Increase in their general wellbeing.
- Increased knowledge of the opportunities available to them in the wider community.
- Valued social role.
- Increased confidence.
- Contributed and had a voice in the services provided.
- The opportunity to work towards being able to live in their own flat.