

How to access the service

The service can be accessed via a health professional such as a care coordinator or social worker.

Contact us

Ambient Support, Regional Office,
2a Fielding Lane, Bromley, BR2 9FL

Telephone: **020 8313 9725**

Email: **hello@ambient.org.uk**

About Us

Ambient Support (formerly known as Heritage Care and Community Options) is a registered UK charity with over 25 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

Our wide range of quality specialist services are delivered by our dedicated, professional and passionate staff and our success is built on supporting people to live a full and meaningful life – regardless of age, health or disability.

At Ambient Support we believe:

That everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Head Office & Registered Address:

Ambient Support, Unit 9, Bourne Court, Unity Trading Estate, Southend Road Woodford Green, Essex. IG8 8HD

Telephone: 020 8502 3933

Email: **hello@ambient.org.uk**

Website: **www.ambient.org.uk**

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ambient

Passionate About People



High Street

Providing **24 hour continuing rehabilitation and recovery for older people with mental health needs**

'This is the best place I have ever lived.... this is probably the happiest and most settled time of my life.'

Inspected and rated

Good



www.ambient.org.uk

About 56 High Street

56 High Street, is an older adults Continuing Rehabilitation Registered Care Home. It is a large detached house which provides a homely environment for 10 older adults, with mental health issues and complex needs.

Each resident has their own room and shares communal areas, including the cosy sitting room, and large dining room. Residents can take part in a range of arts and music activities in the house.

This house is situated in the middle of Chislehurst in Kent and has a large landscaped garden. This location has good access to local shops, restaurants and public transport.

Who is the service for?

At High Street we provide a high quality unique service for older adults with severe and enduring mental health problems and complex needs.

The service can also support those with early onset dementia and/or diagnosis of autism. Support can also be provided to those with physical health needs including diabetes.

What we can do

The Ambient Way means we provide 24 hour flexible person-centred support to meet individual need. This includes sleep in and waking night staff.

- Support people with all aspects of their mental and physical wellbeing.
- Provide practical support with daily living skills.
- Allocate each person a keyworker who will have regular one to one meetings with the person where they can raise any issues or concerns they may have.
- Support people to have an individual support plan, that helps them to set out what they want from their stay in the project. This is done by assessing needs using the Recovery Star tool and then helping identify goals, assisting to plan how the person will achieve their goals and identifying what support they may need to help them to get there.
- Provide a cook to support with meeting nutritional needs. This includes having a varied daily menu on site that people have choice over.
- Offer lots of indoor and outdoor activities for people to get involved in.
- Assist people to access services available within the Borough and local community.

About 56 High Street Staff

We have a dedicated team of Project Workers including an Occupational Therapy Assistant (OTA). The OTA provides evidence based interventions in areas including: motivation, life skills and communication to support positive outcomes. Our staff team at High Street have a varied wealth of experience and life skills which help them provide the best support possible.

Outcomes from the service

People who use these services can expect to have:

- More choice, responsibility and control over their lives.
- Greater independence all areas of their lives.
- Better understanding of their own recovery.
- Coping strategies for managing their wellbeing.
- Increase in their general wellbeing.
- Increased knowledge of the opportunities available to them in the wider community.
- Valued social role and increased confidence.
- Contributed and had a voice in the services provided.