


## How to book

Call or email on:

 **020 7473 2391**

 [shortbreaks.london@ambient.org.uk](mailto:shortbreaks.london@ambient.org.uk)

 5 Horse Leaze,  
Beckton, London. E6 6WJ

## Pricing

Indicative prices for support range **from £17 per hour** based on individual needs.\* (There may be additional costs to pay, for example entry and ticket fees.) With overnight stay costs starting at £220.00.

**We can take people via referral with a Local Authority or people can self-refer and make payment via Private Payment, Personal Budgets or Individual Service Funds.**

\*Costs will be fully discussed after an assessment of needs and prior to booking a stay or visit with us.

## Our way is The Ambient Way

Watch the  
video to  
learn more



SCAN HERE

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5 Horse Leaze Day Service A5 Brochure | Version 1123

**For new guests:** A member of the Ambient staff team will meet with the individual (and/or their families) to carry out a complete care needs assessment, so they can get to know them on a personal basis. We generally ask that you give us 3 weeks' notice prior to first accessing our services to arrange this.

**For regular guests:** Our services do get booked up early, so get in touch as soon as possible to book your space on an activity or outing. Wherever possible, giving us two weeks' notice means we have a chance to plan capacity and staffing.

**Emergency Drop-In:** We will always do our best to support people and accommodate them in an emergency and last-minute situation. *(This is done at the discretion of our management team but cannot always be guaranteed.)*

Find us on  
social media



@AmbientSupport

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**ambient**  
Passionate About People



## 5 Horse Leaze Day & Drop-in Services

Providing a flexible, person-centred **Day & Drop-in day service in Beckton** for people with a learning disability

Inspected and rated

Outstanding 



[www.ambient.org.uk](http://www.ambient.org.uk)

## About 5 Horse Leaze

Horse Leaze Day & Drop-in services **provide flexible, person-centred, stimulating support in a community-based setting**. They are available for people aged 18+ who have a learning disability, Autism and related complex needs.

The Drop-in and Day services provide people with access **to a range of different activities and outings** which may be provided in a small group or on a 1-1 basis. They are designed to help **build people's life skills and confidence, as well as building relationships and friendships** whilst providing opportunities to engage with the local community.

On day trips out we may use a minibus for small groups, or we may choose to use public transport to help people gain confidence and become familiar with local landmarks whilst travelling in a more independent way. This forms an important part of vocational training to help people develop more independent living skills.

### At Ambient Support, we believe...

**That everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.**



## A range of Activities & Outings

- Accessible **bowling**
- **Beach Days** and trips to the seaside
- Sail-ability **boating adventures**
- **Rock climbing**
- **Colour runs** & Carnival visits
- **Arts & Crafts** Days and activities
- Visits to **Zoos, Aquariums & Farms**
- **Horse Riding**
- Heritage and **landmark visits**
- **Shopping Days**
- **Sports** and Fundays
- **Theatre and Music** trips and activities

## How is support provided?

**The Ambient Way** means our team at Horse Leaze work in partnership with the people that use the service, their families and friends so that individuals are supported in a way that is right for them.

This means people can **co-produce** to be actively involved in choosing activities and events to take part in. Involvement like this helps us to **match support staff to individuals**, helping to build comfortable and trusting relationships between staff and the people we support. Support may be on a 1:1 or a 2:1 basis depending on need.

Our staff are supported by our Occupational Therapy team and are trained in Positive Behaviour Support and Active Support approaches. We always carry out a complete care and risk assessment before beginning to work with people, **so families can be assured that their loved one is safe, happy and well supported whilst away from home.**

## What people can expect from the service

People who use this service can expect to have:

- Increased self-esteem, confidence, independence, and wellbeing.
- The opportunity to participate in meaningful, fun and stimulating activities and outings.
- Support that enables people to live more fulfilled lives in their community.
- The chance to explore creativity and further individual education.
- Support and encouragement that enables people to develop new life skills.
- Making new friends and building social networks.



## Finding out what's on...

**Please contact the service directly for a full list of upcoming events, activities or outings.**

5 Horse Leaze offers a seasonal mix of activity and outing options that change approximately every three months. You can request the most up-to date calendar of activities to be emailed to you regularly or posted out so you **never miss out!**