

To find out more or book a stay, get in touch with us:

 020 7473 2391

 shortbreaks.london@ambient.org.uk

 5 Horse Leaze, Beckton, London, E6 6WJ

About Us

Ambient Support is a registered UK charity with over 30 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

We believe that everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Our way is The Ambient Way

Watch the video to learn more



SCAN HERE

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@AmbientSupport

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ambient
Passionate About People



5 Horse Leaze Short Breaks & Respite

Providing a flexible, person-centred short break and day service for people with a learning disability.

Inspected and rated

Outstanding 



www.ambient.org.uk

About Horse Leaze

5 Horse Leaze is a single storey dwelling in Beckton, East London, and is located close to excellent public transport links. **It provides a home from home living experience for people that stay with us.**

It benefits from a living rooms for socialising and a bright and airy dining room and kitchen for sharing meals in. Our gardens are a great space for taking part in sporting activities or having a break.

What is the service and who is it for?

Horse Leaze provides a range of services **for people with learning disability aged 18+ living in Newham.**

The residence, its ground floor bedrooms and its garden are fully wheelchair accessible meaning we can support people who may also have a physical disability.

We are also able to support the transition of people from youth to adult services.

How is support provided?

The Ambient Way means our team work in partnership with the people that use the service, their families and friends so that individuals are supported in a way that is right for them. This means we operate a flexible **person-centred approach** to care and care-planning.



Our friendly and experienced staff are able to support the people that use our services and their families 24/7, either in Horse Leaze, in their own homes or whilst out in the community.

Inspected and rated

Outstanding ★



What people can expect from the service

People who use this service can expect to have:

- Increased self-esteem, confidence, independence, and wellbeing.
- The opportunity to participate in meaningful, fun and stimulating activities and outings.
- Support that enables people to live more fulfilled lives in their community.
- The chance to explore creativity and further individual education.
- Support and encouragement that enables people to develop new life skills.
- Making new friends and building social networks.



At Horse Leaze, we can offer people:

Flexible Residential Short Breaks, from a single night through to a weekend, and up to a whole week's stay.

Accompanying support that enables people to holiday independently.

Educational support that enables people to attend college, further education, training, or to learn new skills.

An outreach service supporting people in their own homes and whilst out and about in the community.

A range of special themed residential weekend or week-long breaks geared toward either younger or older people with events and activities to suit.

A drop-in day/evening service, offering a varied programme of activities including craft sessions, sporting activities and day trips.

Peace of mind that individuals are being taken care of in a happy, secure, safe and stimulating environment.