

How to access the service

The service can be accessed via a health professional such as a care coordinator or social worker.

Get in touch with us

 020 8313 9725

 hello@ambient.org.uk

People who use our services have said:

‘Since moving to High Street, I am really enjoying it and want to live here for the rest of my life’.

‘This is the best place I have ever lived in, I have freedom of movement, good food and a nice big garden. The staff are excellent’.

‘I have all my creature comforts here’.



About Us

Ambient Support is a registered UK charity with over 30 years' experience in providing care and support services for older people, people with a mental health need and people with a learning disability.

We believe that everyone is unique and they should be able to lead valued lives in their communities, treated with dignity and respect no matter their age, health condition or disability.

Our way is The Ambient Way

Watch the video to learn more



SCAN HERE

Find us on social media



@AmbientSupport

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High Street MH trifold leaflet | Version 1023

ambient
Passionate About People



High Street, Chislehurst

Providing 24 hour continuing rehabilitation and recovery for older people with mental health needs



www.ambient.org.uk

About 56 High Street

56 High Street, is an **older adults Continuing Rehabilitation Registered Care Home**. It is a large detached house which provides a homely environment for 10 older adults, with mental health issues and complex needs.

Each resident has their own room and shares communal areas, including the cosy sitting room, and large dining room. Residents can take part in a range of arts and music activities in the house.

This house is situated in the **middle of Chislehurst in Kent and has a large landscaped garden**. This location has good access to local shops, restaurants and public transport.

Who is the service for?

At High Street we provide a **high quality unique service for older adults** with severe and enduring mental health problems and complex needs.

The service can also support those with early onset **dementia and/or diagnosis of autism**. Support can also be provided to those with **physical health needs** including diabetes.



About 56 High Street Staff

We have a dedicated team of Project Workers including an **Occupational Therapy Assistant (OTA)**. The OTA provides evidence based interventions in areas including: motivation, life skills and communication to support positive outcomes. Our staff team at High Street have a varied wealth of experience and life skills which help them provide the best support possible.

What we can do

The Ambient Way means that we provide 24-hour flexible staffing to provide person-centred support. We:

- Allocate each person a keyworker who has regular one to one meetings with the person where they can discuss any issues or concerns they may have.
- Create an individual support plan with each person, using the recovery star to assess needs, identify goals and ways of achieving these aims.
- Support a person's mental and physical wellbeing.
- Provide practical support with daily living skills.
- Help people to develop/ build on their life skills.
- Help people to develop budgeting skills and manage your own finances.
- Assist people with accessing services available within the Borough.
- Support people to manage their medication.



What people can expect from the service

People who use this service can expect to have:

- **More** choice, responsibility and control over their lives.
- **Greater** independence all areas of their lives.
- **Better** understanding of their own recovery
- Coping strategies for **managing** their wellbeing.
- **Increase** in their general wellbeing.
- **Increased** knowledge of the opportunities available to them in the wider community.
- **Increased** confidence.
- **Contributed** and had a voice in the services provided.
- **Support** to move on to more appropriate accommodation.